

A Family Guide to Restraint-Free Care

Every family worries about relatives in nursing homes. Will they be well cared for? Will they be safe? This moving documentary follows a husband who needed significant support before he could accept restraint-free care for his wife. Learn what he learned: that restraint-free care is safe, dignified, and part of quality care.

Primary users of A Family Guide to Restraint-Free Care are family members of long term care residents, ombudsmen and other advocates, family and institutional caregivers.

Produced by the Independent Production Fund.

\$28.00 Item #06
11:30 minutes VHS format 1995



A Guide to Bed Safety

Healthcare, Industry, Academia, Government Working Together for Safety

See description, page 2



Do No Harm

Bed Safety for Providers and Caregivers

See description, page 2



PHYSICIAN AIDS

Physicians and Restraint-Free Care of the Elderly



As penalties for noncompliance with OBRA increase, nursing homes will be looking to physicians for assistance in providing quality care without restraints. In this two-sided audio-tape, physicians debunk many of the myths related to restraint use and paint a vivid picture of how to improve the quality of life of residents in nursing homes from the perspective of medical directors and attending physicians. Since JCAHO has placed more emphasis on the non-use of physical restraints, **Physicians and Restraint-free Care of the Elderly** provides valuable information for physicians caring for elderly patients in hospitals.

- **The Physician's Role in Restraint-free Care** (15:08)
SIDE ONE debunks the myths related to restraint use and tells how to implement careful assessment techniques and use creative interventions in lieu of chemical and physical restraints.
- **Chemical Restraints: The Physician's Role** (16:22)
SIDE TWO presents the special needs of elderly people with regard to medication.

Produced by the Independent Production Fund.

\$28.00 Item # 07
Part I—15:08; Part II—16:22 1995

Videotapes:

Everyone Wins! Quality Care Without Restraints

This comprehensive training program offers practical strategies for providing quality care without the use of restraints. It presents real solutions to real problems facing long term care providers: wandering residents, minimizing the risk of falls, responding to aggressive residents in a non-threatening way. Looking at actual cases, this video library gives you proven, creative methods for solving these problems without restraints.

The Resident Care Library: Six 12-14 minute videos, an in-service training manual, plus handouts. The six units are:

- 1) *The New Resident*, 2) *Up and About: Minimizing the Risk of Fall Injuries*, 3) *Working With Residents Who Wander*, 4) *Getting Hit, Grabbed, and Threatened: What it Means, What to do*, 5) *Staying Restraint-free Evenings, Nights, and Weekends*, and 6) *Now That the Restraints Are Off, What Do We Do?*

The Management Perspective: A 16-minute video with viewing and resource guide; the topics include: Why Opt for Restraint-Free Care?, Setting the Stage, and Keeping it Going.

The Family Guide to Restraint-free Care: A 12-minute video plus a pamphlet for families. The video features a man who resisted when the nursing home approached him about removing his wife's restraint and the way everyone worked together to eliminate her restraint safely. (Also sold separately; see below).

An important piece to add to your training library. **Everyone Wins! Quality Care without Restraints** has won numerous awards and is an excellent resource for all long term care facilities interested in eliminating the use of physical restraints on residents and providing them with safe, comfortable environments.

Primary users of Everyone Wins! Quality Care without Restraints are long term care and acute care educators, administrators, and directors of nursing.

Produced by the Independent Production Fund.

\$210.00

Item #09

Eight videos and printed material VHS format 1995



Order Form

Please check desired items:

Printed Materials

	Item #	Cost
<input type="checkbox"/> A Guide to Bed Safety brochure (<i>lots of 200</i>)	03	\$ 24.00
<input type="checkbox"/> Assessment Algorithms on Abusive Behavior, Wandering and Falls	02	\$ 33.00
<input type="checkbox"/> Assessment Tools and Guidelines for Nurses and Caregivers	01	\$ 45.00
<input type="checkbox"/> Clinical Guidance for Assessment/Implementation	05	\$ 14.00
<input type="checkbox"/> Into Aging (game)	16	\$ 90.00
<input type="checkbox"/> Resource Reference Library Bibliography	12	\$ 16.00
<input type="checkbox"/> Staff Attitudes on the Use and Elimination of Physical Restraints	14	\$ 6.00
<input type="checkbox"/> Untie the Elderly Resource Manual, Fifth Edition	13	\$ 132.00

Videotapes:

<input type="checkbox"/> Competence with Compassion	08	\$ 280.00
<input type="checkbox"/> Do No Harm.....	04	\$ 50.00
<input type="checkbox"/> Everyone Wins! Core Library	09	\$ 210.00
<input type="checkbox"/> Surveying the Restraint-free Nursing Facility	10	\$ 35.00
<input type="checkbox"/> The Family Guide to Restraint-free Care	06	\$ 28.00
<input type="checkbox"/> Untie the Elderly	11	\$ 145.00

Audio tape:

<input type="checkbox"/> Physicians and Restraint-free Care of the Elderly	07	\$ 28.00
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Prices include shipping and handling to destinations within the United States.

Total amount enclosed \$ _____

Note: Pennsylvania residents, please add six percent for sales tax or enclose a copy of your sales tax exemption certification with your order. *Thank you.*

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