

“Untying California”

Index

Training Resources

1. Project Overview and Action List to promote “Voices for Quality: *Strategies in the National Campaign for Excellence in America’s Nursing Homes*”
2. Sample newsletter article to promote the project “Voices for Quality: *Strategies in the National Campaign for Excellence in America’s Nursing Homes*”
3. California Guide with Video: “Everyone Wins! The Family Guide to Restraint Free Care”
4. Information and order forms for the video “Everyone Wins! The Family Guide to Restraint Free Care” from KENDAL Outreach, LLC. Video also available on loan through the California Office of the State Long-Term Care Ombudsman library. Visit http://kendaloutreach.org/documents/catalog9_05.pdf to view the KENDAL Outreach catalogue “Quality Care – Programs and Resources for Health Care Providers.” The catalogue contains numerous resources on eliminating/avoiding physical restraints, including bed rails, and information relevant to hospital settings.
5. Notes collected from California Ombudsmen on ways to promote and achieve change related to restraint free care and the Advancing Excellence Campaign.

Consumer Resources

1. Consumer Fact Sheet: “Expect and Promote Excellence in California Nursing Homes: Physical Restraint Free Care”
2. Restraint Reduction Presentation to Family Councils

Other

1. www.nccnhr.org Information about NCCNHR
2. http://www.nccnhr.org/public/245_1266_13817.cfm Updated information and resources for the Voices for Quality: *Strategies in the National Campaign for Excellence in America’s Nursing Homes* project
3. Additional resources provided during Training Conference

These materials supplement those provided at the Spring 2007 California Long-Term Care Ombudsman Bi-Annual Training Conference. As you use these materials in your work, please be sure to also refer to the materials provided at the Spring Conference.

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