

RESTRAINT REDUCTION

Presentation to Family Councils

SAMPLE AGENDA

Welcome and Introductions

The Ombudsman introduces self and has all family members introduce themselves.

Read and Follow the *Guide with Video* script.

Introduce the video:

EVERYONE WINS! The Family Guide to Restraint Free Care

After video - Read and Follow the *Guide with Video* script.

Distribute the following materials where indicated in the *Guide with Video* script:

- ❖ Restraint Risks and Alternatives to Restraints
- ❖ Resident Information
- ❖ Restraint Reduction

Use the "That's Great but..." guide if needed

Tell them how to contact you.