

When Life takes us to the Golden Years
Like two times forty –plus one
And our minds say I can still do that
But our bodies say it can't be done.

If you can no longer take of yourself
To a Nursing home you must go
Before you decide to make that move
There are some things you really should know

You must dispose of many things
You treasured through the years
There just isn't room for very much
So wipe away all of those tears

You are a retired person
If you want you can sleep until ten
In a Nursing home , Seven days a week
You will get up at six am.

There is no lock on the door
So people wander inside
If something missing or broke
Personal Property insurance you will provide.

Must not have Shampoo, lotions or such
Sitting out or on the bathroom sink
Because some of those wandering people
Might take it to eat or drink

There are many activities and always entertainment
You Don't have to stay in bed
Here's hoping your find something to do
So your Golden Years don't turn to lead.

Jean Tipton.

